



**Patient Profile**

Name \_\_\_\_\_ Date \_\_\_\_\_

Phone H (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ W (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email address \_\_\_\_\_

Please sign me up for Open City Healing Arts periodic newsletter

Address \_\_\_\_\_ Zip \_\_\_\_\_

Birth Date \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Attending Physician \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Your Occupation \_\_\_\_\_

How did you hear about Open City? \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone: H (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ W (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

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**Medical History:**

Please describe what is leading you to seek treatment

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What has been diagnosed by an MD?

\_\_\_\_\_

Childhood illnesses, surgeries or accidents:

Age \_\_\_\_\_

Age \_\_\_\_\_

Age \_\_\_\_\_

Age \_\_\_\_\_

Adult illnesses, surgeries or accidents:

Age \_\_\_\_\_

Age \_\_\_\_\_

Age \_\_\_\_\_

Age \_\_\_\_\_

Please note location of any surgery or injury scars, even minor ones:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please note all major illnesses in your immediate biological family, like diabetes, heart disease, blood pressure, cancer, neurological or psychological disorders.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please \_\_\_\_\_ any symptoms that you have now. Please underline symptoms that have affected you in the past.

|                   |                       |                     |                        |                 |
|-------------------|-----------------------|---------------------|------------------------|-----------------|
| hearing loss      | lower back pain       | edema               | thyroid problems       | perspire easily |
| ringing in ears   | weak legs/knees       | darkness under eyes | diabetes               | fearfulness     |
| dizziness         | kidney stones         | hair loss           | up at night to urinate |                 |
| rapid weight loss | reduced sexual energy | dental problems     | frequent urination     |                 |

|              |               |                         |                |                |
|--------------|---------------|-------------------------|----------------|----------------|
| headaches    | poor eyesight | eczema                  | shingles       | indecisiveness |
| migraines    | dry eyes      | tense shoulders or neck | herpes simplex | irritability   |
| constipation |               | tension in jaw          | hepatitis      |                |

|            |              |                            |                 |
|------------|--------------|----------------------------|-----------------|
| insomnia   | palpitations | pain or tightness in chest | memory problems |
| nightmares | heart racing | anxiety                    |                 |

|              |                |             |                    |             |
|--------------|----------------|-------------|--------------------|-------------|
| indigestion  | flatulence     | gum disease | excessive hunger   | worry       |
| stomach ache | loose stools   | mouth sores | poor appetite      | rumination  |
| heartburn    | diarrhea       | halitosis   | gain weight easily | muscle ache |
| nausea       | blood in stool |             | fatigue            | joint pain  |

|                                 |                     |                    |                  |
|---------------------------------|---------------------|--------------------|------------------|
| tendency to catch colds         | chronic cough       | lymphatic swelling | sinus infections |
| recurrent/ lingering bronchitis | shortness of breath | cysts              | nasal congestion |
| environmental allergies         | sore throat         | tumors             | dry skin         |
| asthma                          |                     |                    |                  |

**Please describe past & present use of:**

|         |         |           |         |              |
|---------|---------|-----------|---------|--------------|
| tobacco | alcohol | marijuana | cocaine | other: _____ |
|---------|---------|-----------|---------|--------------|

Choose one or two emotions that seem predominant in your life (frequently experienced, difficult to express, or in some way influential):

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Please indicate approximate dates and briefly describe the nature of any traumatic experiences (breakup of relationships, injury, death in family, loss of job, change of residence):

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**Women Only:** # of Pregnancies: \_\_\_\_\_ # of Live Births: \_\_\_\_\_

Birth Control Type: \_\_\_\_\_ # of Days in Cycle \_\_\_\_\_ # of Days of Menses \_\_\_\_\_

|                   |                         |                  |                             |              |
|-------------------|-------------------------|------------------|-----------------------------|--------------|
| vaginal infection | urinary tract infection | ovarian cysts    | genital herpes              | breast lumps |
| yeast infection   | urinary incontinence    | uterine fibroids | pelvic inflammatory disease |              |

|                     |               |                       |              |            |
|---------------------|---------------|-----------------------|--------------|------------|
| birth control pills | early periods | premenstrual syndrome | low mood     | cramping   |
| irregular periods   | late periods  | breast tenderness     | irritability | low energy |

Other: \_\_\_\_\_



**Men Only:**

|                   |                    |                   |
|-------------------|--------------------|-------------------|
| enlarged prostate | nocturnal emission | burning urination |
|-------------------|--------------------|-------------------|

|           |                       |                      |
|-----------|-----------------------|----------------------|
| impotence | premature ejaculation | urinary incontinence |
|-----------|-----------------------|----------------------|

**Current Prescriptions:**

| Name | Since (date) | For (condition) |
|------|--------------|-----------------|
| 1.   |              |                 |
| 2.   |              |                 |
| 3.   |              |                 |
| 4.   |              |                 |
| 5.   |              |                 |
| 6.   |              |                 |

**Any Over-the-Counter Medications that you regularly take:**

| Name | Since (date) | For (condition) |
|------|--------------|-----------------|
| 1.   |              |                 |
| 2.   |              |                 |
| 3.   |              |                 |
| 4.   |              |                 |

**Current Herbal or Homeopathic Remedies, Vitamin Supplements, etc.:**

| Name | Since (date) | For (condition) |
|------|--------------|-----------------|
| 1.   |              |                 |
| 2.   |              |                 |
| 3.   |              |                 |

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**24 hour cancellation policy**

I understand that I will be held responsible for rescheduling or cancelling my appointments 24 hours in advance. Open City Healing Arts will charge me the full fee for appointments cancelled or rescheduled without 24 hours advanced notice.

Patient Signature:

Date:

**Informed Consent For Acupuncture and Chinese Medicine Treatment**

I hereby request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or on the patient named below, for whom i am legally responsible) by the acupuncturist indicated below and/or other licensed acupuncturists who now or in the future treat me while employed by, working or associated with or serving as backup for the acupuncturist named below, including those working at the clinic or office listed below or any other office or clinic, whether signatories to this form or not.

I understand that methods or treatments may include, but are not limited to, acupuncture, moxibustion, cupping, electrical stimulation, Tui-Na (Chinese massage), Chinese herbal medicine, and nutritional counseling. I will immediately notify a member of the clinic of any unanticipated or unpleasant effects associated with the consumption of the herbs.

I have been informed that acupuncture is a generally safe method of treatment, but that it may have some side effects, including bruising, numbness or tingling near the needling sites that may last a few days, and dizziness or fainting. Burns and/or scarring are a potential risk of moxibustion and cupping, or when treatment involves the use of heat lamps. Bruising is a common side effect of cupping. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although the clinic uses sterile disposable needles and maintains a clean and safe environment.

I understand that while this document describes the major risks of treatment, other side effects and risks may occur. The herbs and nutritional supplements (which are from plant, animal and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. I understand that some herbs may be inappropriate during pregnancy. Some possible side effects of taking hers are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives and tingling of the tongue. I will notify a clinical staff member who is caring for me if I am or become pregnant.

I do not expect the clinical staff to be able to anticipate and explain all possible risks and complications of treatment, and I wish to rely on the clinical staff to exercise judgment during the course of treatment which the clinical staff thinks at the time, based upon the facts then know is in my best interest. I understand that results are not guaranteed.

I understand the clinical and administrative staff may review my patient records and lab reports, but all my records will be kept confidential and will not be released without my written consent.

By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent for to cover the entire course of treatment for my present condition and for any future conditions(s) for which I seek treatment.

Acupuncturist Name:	
Patient Name:	
Patient Signature/ Date:	